

Our Vision on Prevention and Management of FASD

- 1. That everyone in Europe should know that there is no safe level for drinking during pregnancy.
- 2. That all medical professionals should be aware of the risks of drinking during pregnancy both on the fetus and the mother.
- 3. That pregnant women should receive reliable information on the risks of drinking during pregnancy from their doctors and midwives.
- 4. That pregnant women who are alcohol-dependent should receive the necessary support to stop drinking during pregnancy.
- 5. That required multiprofessional expertise for diagnosing FASD should be readily available in regional or national centers.
- 6. That birth/foster/adoptive parents should receive the necessary support in raising children with a FASD.
- 7. That adults with a FASD should have appropriate supported living and working situations.

What can the EU do?

The EU can support member states to reach the above goals by:

- 1. Supporting spread of information, including labelling of alcoholic beverage containers. (goal 1)
- 2. Supporting research to understand mechanisms and prevalence of FASD, and to develop evidence-based interventions for prevention, diagnosis and management. (goals 3-7)
- 3. Supporting the sharing of information and best practice among experts and policymakers. (goals 2-7)